

# Edamame-Corn Salad

## **SALAD:**

- 1 (12-oz.) pkg frozen shelled green soy beans (edamame)
- 1 (16-oz) pkg frozen sweet white corn
- 1 C jicama (diced 1/4")
- 1/2 C celery (chopped)
- 1/2 C sweet red pepper (diced)
- 1/2 C green onion (1/4" slices)
- 1 Tbsp minced fresh parsley

**THAW** corn and soy beans

**MIX** all ingredients together with dressing

**CHILL** and serve

## **DRESSING:**

- 5 Tbsp lemon juice
- 1 Tbsp honey
- 1 1/2 tsp salt
- 1/4 tsp garlic powder
- 1/4 tsp sweet basil
- 1/4 tsp dried dill weed

**COMBINE** all ingredients

This salad makes a great lunch.  
It is a whole meal in one!